

# Using Augmented Reality (AR) to Promote Brain Literacy and Mental Health Awareness in Primary Education

**Collection Editors: Maria Mattsson and Mallika Pudukollu**

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## **Description**

Augmented Reality (AR) based applications provide opportunities to present educational material in a unique way. This thesis explores the way AR aids the promotion of brain literacy and mental health awareness in primary education, specifically focusing on the parts of the brain involved in the stress response.

## **About the Editors**

Maria Mattsson is a Helsinki-based neuropsychiatric mentor. Her focus is on emotional skills and creative methods.

Dr Mallika Pudukollu is a Consultant in CAMHS Psychiatry in Glasgow and a senior honorary clinical lecturer at Glasgow University. Together, they work towards accessible digital health through Safespot app and website.

## **Submission Requirements**

All chapters submitted should conform to the grammar and formatting guidelines provided by Cambridge Scholars Publishing, which can be viewed here: <https://www.cambridgescholars.com/pages/forms-guidelines>;

Unless agreed with the Editor prior to submission, referencing should be in Chicago;

Any work submitted for publication should be free of copyright restrictions and a statement should be submitted in support of this;

Contributions should be scholarly rather than anecdotal or unverifiable;

Contributions must be wholly in English, excluding footnotes, appendices and short extracts for translation;

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