

## *Digital Innovation to Promote Brain Literacy and Mental Health Awareness*

Collection Editors: Maria Mattsson and Mallika Punukollu

Contact Email: [maria.mattsson@windowslive.com](mailto:maria.mattsson@windowslive.com)

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### **Description:**

Digital innovation can be used as a tool to promote contemporary topics in teaching. As mental health becomes more recognised in the curriculum, ways to approach the topic broaden. This collection specifically looks into the promotion of brain literacy and mental health awareness in education with the help of accessible digital tools.

### **What Should the Submitted Chapters Consider?**

We are looking for chapters that consider innovative and accessible ways to promote brain literacy and mental health awareness for educational purposes. In this collection, the term 'digital' could also be understood as online materials that can be printed. We are mainly looking for content that contemplates basic education, but we will also consider other levels of teaching. For example, our own contribution to the collection is a research project on a tablet-based game on three parts of the brain involved in stress response using augmented reality as one of its features.

### **About the Editors:**

Maria Mattsson is a neuropsychiatric mentor, focusing on play, emotional awareness and creativity. She holds an MA in Psychology and an MSc in Medical Visualisation and Human Anatomy.

Dr Mallika Punukollu is a Consultant in Child and Adolescent Mental Health Services Psychiatry in Glasgow. She is also a Senior Honorary Clinical Lecturer at Glasgow University.

Together, they work towards accessible digital health through the Safespot app and website.

### **Submission Requirements:**

Submissions should be no more than 6000 words. We prefer the use of multi-literate content to illustrate the work.

All chapters submitted should conform to the grammar and formatting guidelines provided by Cambridge Scholars Publishing, which can be viewed here: <https://www.cambridgescholars.com/pages/forms-guidelines>.

Unless agreed with the Editors prior to submission, referencing should be in Chicago style.



Any work submitted for publication should be free of copyright restrictions, and a statement should be submitted in support of this.

Contributions should be scholarly based, rather than anecdotal or unverifiable.

Contributions must be wholly in English, excluding footnotes, appendices, and short extracts for translation.

While we will perform pre-press evaluations on the collection, we do not provide full copyediting services, so we ask that works are submitted to us in their final, 'ready-to-go' form.

### How to Submit?

You should submit to the Editors a completed proposal form, alongside a copy of your work for their review. This submission should be made directly to the address at the top of this page.

If you have any questions about the collection prior to your submission, please contact the Editors.

### Timeline:

We are hoping to have received all submissions by the end of 2021. Please get in touch if you have any questions.

All works should be submitted to the Editors, at the address provided at the top of this document.

The Editors will review these personally to consider their inclusion in the work. Should the Editors approve the chapters, you will then be asked to complete an agreement for the publication of these chapters. **It is essential that this agreement is completed in order for your work to be printed.**

Once the Editors have approved the chapter, and have received your contributor agreement, these will then be sent to Cambridge Scholars as a complete collection for pre-press reviews and publication. **As such, it is essential that the work you submit to the Editors is finalised and has been thoroughly proofread.**

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